

**NOTIFICATION PURSUANT TO**  
**SECTION 6 OF DSHEA**

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of **Schiff® REGENEX™ Cardio Formula Product #12890** bearing the statements set out below:

**Weider Nutrition International, Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Coenzyme Q10** is as follows:

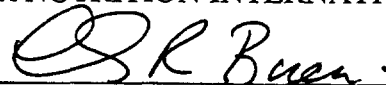
- (Statement 1) Coenzyme Q10 is a fat soluble, powerful antioxidant, that protects the heart muscle cells against free radical damage.
- (Statement 2) Coenzyme Q10, known as ubiquinone, is an important part of the electron transport chain, found in cells.
- (Statement 3) It is responsible for producing large amounts of energy needed by cardiac muscle tissue.
- (Statement 4) In the mid 1960's, scientists found that high concentration of Coenzyme Q10 was found in the myocardium (heart muscle) and is important for proper heart function.

I, Luke R. Bucci, Ph.D., CCN, CNS, Vice President of Research at Weider Nutrition International, Inc. am authorized to certify this Notification of behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Weider Nutrition International, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 5th day of December, 199 7.

WEIDER NUTRITION INTERNATIONAL, INC.

BY:



DR. LUKE R. BUCCI  
Vice President of Research

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**NOTIFICATION PURSUANT TO**  
**SECTION 6 OF DSHEA**

RECEIVED  
12/6/97

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**Weider Nutrition International., Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim is as follows:

- (Statement 1) The REGENEX™ Cardio Formula is a combination of vitamins, mineral, amino acids, herbs, and advanced nutrients to support the heart and cardiovascular system.
- (Statement 2) The REGENEX™ Cardio Formula, when used in conjunction with the REGENEX™ Multi Formula, provides a complex of nutrients to support the heart and its blood vessels.
- (Statement 3) For example, pantethine and carnitine are important constituents for normal metabolism of fat in cardiovascular health.
- (Statement 4) Vitamins, mineral, herbs and other ingredients have been added to support the heart, coronary arteries and other elements of the cardiovascular system.

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DR. LUKE R. BUCCI

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Vice President of Research

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**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Hawthorn** is as follows:

(Statement 1)      The active flavonoids and proanthocyanidins were found to support blood flow to the heart and heart muscle contraction which promotes proper cardiac rhythm.

(Statement 2)

(Statement 3)

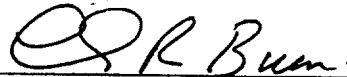
(Statement 4)

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DATED this 5<sup>th</sup> day of December, 199 7.

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DR. LUKE R. BUCCI

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**Weider Nutrition International., Inc.**  
**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Pantethine** is as follows:

(Statement 1)      Pantethine is a part of coenzyme A, a component within the cell that plays a role in fat transport in and out of cells.

(Statement 2)      Pantethine blood levels have been shown to support oxygen and nutrient flow through coronary arteries.

(Statement 3)

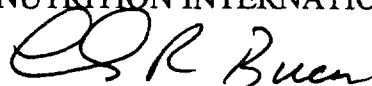
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**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **L-carnitine** is as follows:

- (Statement 1) Carnitine is an amino acid that is required for transporting long-chain fatty acids across the mitochondria.
- (Statement 2) When carnitine levels are elevated, cardiac muscle tissue is more efficient in metabolizing fat.
- (Statement 3) With improved energy production, the heart muscle can function more efficiently.
- (Statement 4)

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**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Taurine** is as follows:

- (Statement 1)      Taurine is an amino acid, synthesized in the body from cysteine.
- (Statement 2)      Taurine has been shown to play a role in electrolyte balance within cells.
- (Statement 3)      It stimulates transport enzymes that remove calcium ions from cells during diastole (the relaxation phase of the heart) and increases the release of calcium ions during systole (the contraction phase).
- (Statement 4)      Taurine also has antioxidant properties, protecting lipids of the cell membrane from peroxidation.

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**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Vitamin E** is as follows:

- (Statement 1)      Vitamin E is a powerful free radical scavenger, which fights against oxidation of cholesterol.
- (Statement 2)      Clinical studies have shown Vitamin E, in higher levels than the RDA, is important to cardiovascular health.
- (Statement 3)
- (Statement 4)

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**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Vitamin B12, folic acid and B6** are as follows:

(Statement 1)      Vitamin B12, folic acid and B6 are B vitamins that have been shown to reduce negative by-products of amino acid metabolism, thus supporting healthy arteries.

(Statement 2)

(Statement 3)


(Statement 4)

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**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Magnesium** is as follows:

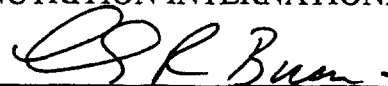
- (Statement 1) Magnesium is an important mineral required for over 300 metabolic reactions in the body. It is essential for cardiac rhythm of the heart and blood pressure.
- (Statement 2) Magnesium is an important nutrient to support the functioning of cardiac muscle.
- (Statement 3) Magnesium has been shown to support arterial wall tone.
- (Statement 4)

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The text of each structure-function claim for **Selenium** is as follows:

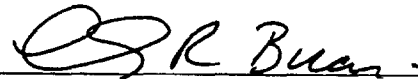
- (Statement 1)      Selenium is an essential trace mineral that has strong antioxidant protection for the heart.
- (Statement 2)
- (Statement 3)
- (Statement 4)

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The text of each structure-function claim for **Garlic** is as follows:

- (Statement 1)      Garlic comes from a perennial plant that has been shown to have a number of benefits for cardiovascular health.
- (Statement 2)      It has antioxidant properties, and plays a role in healthy platelet activity.
- (Statement 3)
- (Statement 4)

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The text of each structure-function claim for **Ligusticum wallichii** is as follows:

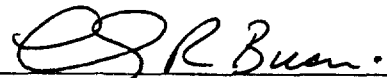
- (Statement 1)      The active components from this herb are the alkaloids which have been shown to support arterial wall tone and non-adhesive platelet activity.
- (Statement 2)
- (Statement 3)
- (Statement 4)

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**2002 South 5070 West**  
**Salt Lake City, Utah 84104**

The text of each structure-function claim for **Alpha Lipoic Acid** is as follows:

(Statement 1)      Alpha Lipoic acid is a potent free radical scavenging agent against superoxide, hydrogen peroxide and other free radicals.

(Statement 2)

(Statement 3)

(Statement 4)

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